

# Viking Voice

## This Week's Events

### Mon. 1-19-15

- No School

### Tues. 1-20-15

- Hot Shot Contest

### Wed. 1-21-15

- Adjusted Dismissal

### Thurs. 1-22-15

### Fri. 1-23-15

\*\*Lunch Menu for the week is on the back\*\*\*



## January Events

1/7: Adjusted Dismissal

1/14: Adjusted Dismissal

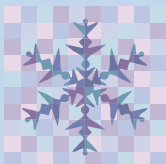
1/19: No School

1/20: Hot Shot Contest

1/21: Adjusted Dismissal

1/28: Adjusted Dismissal

1/29: Jamboree at Roosevelt HS at 6:00.



Ruby Van Meter 515-242-8220

1/12/15

Volume 1, Issue 10

## Home to School Connections

**PTO**— GREAT info on back of newsletter!! Contact me if interested in volunteering. Please email me at [naffierporras@gmail.com](mailto:naffierporras@gmail.com)

**Special Olympics Physicals**-. In order to participate at Spring Games in April, students will need to see a doctor and have the doctor and parent sign the form. COMPLETE AND RETURN BY JANUARY 30TH.

## Social Media-

[www.facebook.com/rubyvanmetervikings](http://www.facebook.com/rubyvanmetervikings)

Twitter feed: [@rubyvanmetervikings](https://twitter.com/rubyvanmetervikings)

Instagram: [rubyvanmetervikings](https://www.instagram.com/rubyvanmetervikings)

## Student Group Highlight

Hope Matthew's playing drums in music class.



## Jamboree Info: January 29th at 6:00 at Roosevelt High School

**Dress Exchange**— Sponsored by the Tim Tebow Foundation. Helping to provide a prom dress to all the ladies attending the Night to Shine Prom! We will be available at Prairie Ridge Church on Thursday evenings from 6-7:30 pm to accept donated dresses. Dress Exchange Event on Saturday, Jan 31 from 9:00-12:00pm.

**Night to Shine Prom**— Sponsored by the Tim Tebow Foundation. Hosted by Prairie Ridge Church. Friday, February 13, 2015 at 6:00-9:00 at Prairie Ridge Church— 825 NW 36th St., Ankeny, IA 50023. For more information go to <http://rubyvanmeter.dmschools.org/>

## From the Office

If your child will be gone, please notify the office. Access to the building is only through the doors at the East Entrance. Please check in the office when picking up or dropping off student.

## From the Nurse

Covering coughs, washing hands and staying home when sick can are some of the most effective ways to prevent the spread of cold and flu. It is not too late to get a flu shot, we have a few months left of flu season.

## From Social Worker

Do you have questions about Waiver services or establishing Guardianship for your 18 year old student? Give me a call (242-8220), email me at [stacie.nessa@dmschools.org](mailto:stacie.nessa@dmschools.org).

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Ruby Van Meter 515-242-8220

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## PTO (Parent Teacher Organization) NOTES:

Please be sure to come to the Jamboree! Tickets are just \$1. 6:00 at Roosevelt High School 4419 Center Street, Des Moines, IA 50312

Volunteers needed! If you are interested in volunteering at the Jamboree, please contact Ann Naffier at naffier-porras@gmail.com.

This year we will also have a silent auction with great items like a one-year membership to Planet Fitness, a free outdoor photo session (great for graduation photos), a Google Tablet, and much much more! We will also be having a raffle with many great prizes! Please feel free to invite friends and family to the event! The more the merrier!

Our next PTO meeting will be on February 16th, both at 3:00pm and 6:00pm at Ruby Van Meter in 104. Please come at whichever time is more convenient for you!

## Lunch Menu

No School	19	20	21	22	23
	<p>R - Beef &amp; Bean Enchilada</p> <p>A - Chicken Smackers</p> <p>E - Pepperoni Pizza</p> <p>Chef Salad</p>	<p>R - Mini Corn Dogs</p> <p>A - Honey BBQ Pork Rib Sandwich</p> <p>E - Triple Peanut Butter &amp; Jelly</p> <p>Chef Salad</p>	<p>R - Teriyaki Chicken w/ Brown Rice</p> <p>A - Hamburger</p> <p>E - Turkey Sub Sandwich</p> <p>Chef Salad</p>	<p>R - French Bread Pizza w/ Marinara Sauce</p> <p>A - Beef &amp; Bean Burrito</p> <p>E - Charbroiled Chicken Sandwich</p> <p>Chef Salad</p>	