

Viking Voice

This Week's Events

Mon. 1-26-15

Tues. 1-27-15

Wed. 1-28-15

- **Adjusted Dismissal**

Thurs. 1-29-15

- **Basketball Jamboree at Roosevelt HS**

Fri. 1-30-15

****Lunch Menu for the week is on the back****



January Events

1/7: Adjusted Dismissal

1/14: Adjusted Dismissal

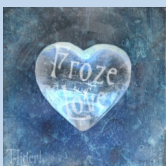
1/19: No School

1/20: Hot Shot Contest

1/21: Adjusted Dismissal

1/28: Adjusted Dismissal

1/29: Jamboree at Roosevelt HS at 6:00.



Ruby Van Meter 515-242-8220

1/26/15

Volume 1, Issue 11

Home to School Connections

PTO— GREAT info on back of newsletter!! Contact me if interested in volunteering. Please email me at naffierporras@gmail.com

Special Olympics Physicals- In order to participate at Spring Games in April, students will need to see a doctor and have the doctor and parent sign the form. **COMPLETE AND RETURN BY JANUARY 30TH.**

Social Media-

www.facebook.com/rubyvanmetervikings

Twitter feed: [@rubyvanmetervikings](https://twitter.com/rubyvanmetervikings)

Instagram: [rubyvanmetervikings](https://www.instagram.com/rubyvanmetervikings)

Student Group Highlight

Aaron Brinda, Laina Russell and Alex Schmidt celebrate their Hot Shot Wins.



Jamboree Info: January 29th at 6:00 at Roosevelt High School

Dress Exchange— Sponsored by the Tim Tebow Foundation. Helping to provide a prom dress to all the ladies attending the Night to Shine Prom! We will be available at Prairie Ridge Church on Thursday evenings from 6-7:30 pm to accept donated dresses. Dress Exchange Event on Saturday, Jan 31 from 9:00-12:00pm.

Night to Shine Prom— Sponsored by the Tim Tebow Foundation. Hosted by Prairie Ridge Church. Friday, February 13, 2015 at 6:00-9:00 at Prairie Ridge Church— 825 NW 36th St., Ankeny, IA 50023. For more information go to <http://rubyvanmeter.dmschools.org/>

From the Office

Check out the new information on our website and the new DMPS app! If your child will be gone, please notify the office. Please check in the office when picking up or dropping off student.

From the Nurse

Covering coughs, washing hands and staying home when sick can are some of the most effective ways to prevent the spread of cold and flu. It is not too late to get a flu shot, we have a few months left of flu season.

From Social Worker

Do you have questions about Waiver services or establishing Guardianship for your 18 year old student? Give me a call (242-8220), email me at stacie.nessa@dmschools.org.

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PTO (Parent Teacher Organization) NOTES:

Please be sure to come to the Jamboree! Tickets are just \$1. 6:00 at Roosevelt High School 4419 Center Street, Des Moines, IA 50312

Volunteers needed! If you are interested in volunteering at the Jamboree, please contact Ann Naffier at naffier-porras@gmail.com.

This year we will also have a silent auction with great items like a one-year membership to Planet Fitness, a free outdoor photo session (great for graduation photos), a Google Tablet, and much much more! We will also be having a raffle with many great prizes! Please feel free to invite friends and family to the event! The more the merrier!

Our next PTO meeting will be on February 16th, both at 3:00pm and 6:00pm at Ruby Van Meter in 104. Please come at whichever time is more convenient for you!

Hoops for Heart -

Special thank you to all the parents and students who contributed to our first ever Hoops for Heart activity. We exceeded our goal and raised \$304.00. All funds go to the American Heart Association for research, training and education to prevent heart disease. It will take several weeks to process donations and get earned prizes to the students. Way to go Ruby Van Meter!!

Lunch Menu

26	27	28	29	30
R - Pepperoni Pizza	R - Walking Beef Taco	R - Mini Pancakes w/ sausage patty	R - Macaroni & Cheese	R - French Bread Pizza
A - Meatball Sub	A - Charbroiled Chick- en Sandwich	A - Baked Potato w/ cheese sauce	A - Breaded Chicken Sandwich	A - Chicken Nuggets
E - Turkey Sub Sand- wich	E - Sausage Pizza	E - Triple Peanut Butter	E - Hamburger	E - Beef & Bean Burrito