

# Viking Voice

## This Week's Events

### Mon. 2-16-15

- PTO Meeting  
3:00pm and 6:00pm

### Tues. 2-17-15

### Wed. 2-18-15

- Adjusted Dismissal

### Thurs. 2-19-15

### Fri. 2-20-15

\*\*Lunch Menu for the week  
is on the back\*\*

## February Events

- 2/4: Adjusted Dismissal
- 2/5: Music Program— HS  
11-12, Bells and Singers
- 2/11: Adjusted Dismissal
- 2/13: Valentine Dance
- 2/16: PTO Meeting
- 2/18: Adjusted Dismissal
- 2/25: Adjusted Dismissal



Ruby Van Meter 515-242-8220

2/16/15

Volume 1, Issue 14

## Home to School Connections

### PTO - News

The PTO meeting will be held on February 16th, both at 3:00pm and 6:00pm at Ruby Van Meter in room 104. Please join us! If you have questions, email [naffier-porras@gmail.com](mailto:naffier-porras@gmail.com). Remember to bring in Box Tops for Education. Each box top earns our school 10 cents!

### Spring Conferences

RVM Conferences will be held on March 5<sup>th</sup> and 10<sup>th</sup> from 4-8pm. Teachers will be in contact with you to schedule your appointment. We look forward to seeing you at conferences!

### Student Group Highlight

High School 11-12 grade Bell Ringers perform to a packed house in the Valentine Music Program. Singers also performed for this concert under the direction of music teacher, Elizabeth Moldovan.



## Courage League Activities:

**Courage Club:** A social meet-and-play group with the goal of building friendships among teens with special needs and a network of parents to support the daily challenges that arise from having a teen with a disability.

**Parent Night - February 23<sup>rd</sup>, 6:30-7:30 pm**

**Teen Nights - March 20<sup>th</sup>, April 3<sup>rd</sup>, April 17<sup>th</sup>, May 1<sup>st</sup>, & May 15<sup>th</sup>, 6-7:30 pm**

**CONTACT COURAGE LEAGUE FOR MORE INFORMATION -**

**4405 121st St. Urbandale, IA P: 515-421-4020 [www.courageleagueports.com](http://www.courageleagueports.com)**

### From the Office

Remember— if you have any new contact information, addresses, or phone numbers, please turn it in to Cheryle as soon as possible!

### From the Nurse

Get a serving of vitamin C each day to help prevent colds. Citrus fruit and juices, pineapple strawberries, peppers, tomatoes, dark green leafy vegetables, broccoli, and Kiwi are all good choices.

### From Social Worker

Do you have questions about Waiver services or establishing Guardianship for your 18 year old student? Give me a call (242-8220), email me at [stacie.nessa@dmschools.org](mailto:stacie.nessa@dmschools.org).

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## Related Arts Clubs -

3rd Trimester Related Arts clubs have just begun. Related Arts groups, including sports, extracurricular music, home living skills, and work experience are chosen using interest inventories conducted the previous year. These extracurricular classes are at the end of the day and are in addition to their regularly scheduled related arts classes. Students are placed based interest, skill level, and available spots. Final determination of placement is made by the teacher of the extracurricular class. Placement for groups will be determined at the end of the year for the following year. New students typically complete the interest inventory at the end of their first year. Extracurricular related arts classes are considered a privilege.

We are trying to get more students involved in sports. Therefore, students may not be chosen to be on a team every year they are at RVM. The safety and well-being of our students is our main priority and we always keep this in mind when putting together teams. Some students may not be physically ready to participate in a team sport. We have added an intramural day during every season for students who want to participate in a sport but may not be ready. These students will not be on a team but will be working one day a week to develop the skills necessary to perhaps be placed on a team in the future.

All student athletes will be expected to abide by a Behavior Contract. Infractions to the contract could result in suspension and/or eventual dismissal from a team. These decisions will be made by the coach.

## Lunch Menu

16	17	18	19	20
R - Breaded Fish Sandwich	R - Beef and Bean Enchilada	R - Mini Corn Dogs	R - Teriyaki Chicken	R - French Bread Pizza
A - Hot Dog	A - Chicken Smackers	A - BBQ Pork Rib Sandwich	A - Hamburger	A - Beef & Bean Burrito
E - Pizza	E - Pepperoni Pizza	E - Triple Peanut Butter and Jelly	E - Deli Sandwich	E - Grilled Chicken Sandwich